

# Elementary Breakfast Menu

Mon	Tue	Wed	Thu	Fri
French Toast Stix Sausage Link Fruit Choice & Milk	Bacon, Egg & Cheese on an WG Bagel Fruit Choice & Milk	Waffle Stix Sausage Link Fruit Choice & Milk	Egg & Cheese Omelet, Bacon, Toast Fruit Choice & Milk	Pancakes Sausage Link Fruit Choice & Milk

# High School Breakfast Menu

Mon	Tue	Wed	Thu	Fri
Meat, Egg & Cheese on an English Muffin Fruit Choice & Milk	Breakfast Burrito Or Biscuit and gravy Fruit Choice & Milk	Sausage & Cheese on a Biscuit Fruit Choice & Milk	Waffle Sausage link Fruit Choice & Milk	Meat, Egg & Cheese on a Bagel Fruit Choice & Milk

### **Daily Breakfast offerings**

\*Grab & Go Meals:  
Cereal bar, yogurt & fruit.

\*Cereal w/ bread

#### Milk Choice

1% white milk  
Fat free chocolate milk

### **Breakfast Serving Times**

Elementary: 7:15am – 8:10am

Middle & High: 8:25 -8:55am

### **Adult Prices**

Breakfast \$2.50

Lunch: \$4.00

### **Latchkey Snack**

We have snack time each afternoon. If your child would like to participate in snack time, you can send a snack from home or elect to purchase a snack through the Cafeteria.

#### **Beverage (1)**

100% juice

1% White Milk

Fat Free Choc. Milk

#### **Protein (1)**

Cheese Stick

Yogurt

#### **Grain (1)**

Muffin

Popcorn

Bug Bites

Pop tarts

Assorted Crackers

#### **Fruit (1)**

Apple

Oranges

\*Snacks include 2 items from any of the food group components listed above.

\*All snacks served from our cafeteria meet the nutritional guidelines set by USDA.

#### **Snack Prices**

\$0.75

Reduced: \$0.15

Extras \$0.50

### **Elementary School**

#### **Prices**

Breakfast \$1.35

Reduced Breakfast

\$0.30

Lunch: \$2.20

Reduced Lunch: \$0.40

### **Middle & High School**

#### **Prices**

Breakfast \$1.60

Reduced Breakfast \$0.30

Lunch: \$2.45

Reduced Lunch: \$0.40

### **Free & Reduced Applications**

- Available in the office
- For online Applications contact Valerie Baker at [vbaker@newlothrop.k12.mi.us](mailto:vbaker@newlothrop.k12.mi.us).

\*Do you want to track your child's purchases, balance and deposit money on to their food service account. Contact Valerie Baker at [vbaker@newlothrop.k12.mi.us](mailto:vbaker@newlothrop.k12.mi.us). And ask how.

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