

New Lothrop Area Public Schools

Student/Parent Athletic Code of Conduct



New Lothrop Area Public Schools is a tobacco free district, which includes all premises, vehicles and parking lots.

Please visit our website at: <https://www.newlothrop.k12.mi.us/>

3. Communicate positively and regularly with parents, media, and other interested spectators as you see fit. *Varsity Coaches shall have scores and highlights turned in to the correct media outlets.
4. Maintain up-to-date knowledge of the rules, skills, strategies and safety precautions of the sport. Communicate the information effectively to athletes and their parents.
5. Provide a safe practice environment.
6. Organize properly planned activities.
7. Know emergency procedures and basic first aid for injuries common to your sport. You will be given a first aid box, be sure to keep it with you at all times, and make sure it is turned in at the end of every season.
8. Must be up to date in the following:
 - a. CPR/AED
 - b. Concussion Awareness
 - c. Blood borne Pathogens
9. Keep the facility clean, picked-up and locked at all times; including coaches' offices and locker rooms.
10. Supervise athletes at all times (i.e. before, during, and after practices and contests in all facilities, including the weight room).
11. Work together with all coaches within a program regarding the tryout process and procedures. Remember the importance of confidentiality within coaches' meetings during this process.
12. Understand how his/her sport fits into the total athletic effort of the New Lothrop Area Public Schools.
13. Demonstrate knowledge and understanding of the fundamentals in his/her field of specialization.
14. Demonstrate the ability to relate to and deal with different people in an appropriate and professional manner (i.e. students, parents, faculty, administrators, and media).
15. ***Failure to follow the rules and regulations may result in disciplinary action up to and including immediate dismissal from the team.***

Parent/Coach Relationship

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your children become involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

Communication you should expect from your son/daughter's coach

1. Philosophy of the coach.
2. Expectations the coach has for all of the players on the team.
3. Locations and times of all practices and contests.
4. Team requirements; i.e. fees, special equipment, off-season conditioning.
5. Procedure should your child be injured during participation.
6. Discipline that results in the denial of your child's participation.

Communication coaches expect from parents

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Specific concern in regard to a coach's philosophy and/or expectations.

As your children become involved in the programs at New Lothrop Area Public Schools, they will experience some of the most rewarding moments of their lives. It is important to understand that there

When adults and coaches get together, student athletes win! We need to work together to help kids be as successful as they can in every possible situation, and in everything they want to do.

3. Understand how his/her sport fits into the total athletic effort of the New Lothrop Area Public Schools and know that we are trying to create unity among all.
4. Understand that officials will make mistakes and will make bad calls at times. Remember that as the athlete your job is to play, not complain about officials, and as an adult, you are the model to our student athletes and how we should represent the New Lothrop Athletic Department.

If I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

1. Verbal warning by an official, head coach or member of the school administration.
 2. Written warning from the Athletic Director/Principal.
 3. Game suspension with written documentation of the incident kept on file by the Athletic Director.
 4. Season suspension.
5. Demonstrate the ability to relate to and deal with different people in an appropriate and professional manner (i.e. students, parents, faculty, administrators)

birthday occurs on or after Sept. 1 of the current school year is eligible for the balance of that school year.

In addition, such students who will become 13 years old before Sept. 1 of their normal 6th grade year or 14 years old before Sept. 1 of their normal 7th grade year or 15 years old before Sept. 1 of their normal 8th grade year may, while in 5th grade, apply for eligibility at the junior high/middle school level. These students would be limited to a maximum of three years of junior high/middle school eligibility starting in 5th grade and must be in compliance with all other Sections of Regulations III, IV, and V, including that they would be required to meet the junior high/middle school academic standard of passing a minimum of 50 percent of full-credit load potential for a full-time junior high/middle school student in that school.

** Applications for these options must be made and approved on MHSAA "Eligibility Advancement Applications." *

- C. ***PHYSICAL EXAMINATION** – For athletics, a student must have a physical examination completed by a physician certifying that the student is fully able to compete in athletics. This physical must take place April 15 or later to be used for the current school year. The student shall not participate in any practice sessions or contests until the completed form has been turned over to the team coach. Additionally, there has been consent for disclosure to the MHSAA of information otherwise protected by FERPA and HIPAA for the purpose of determining eligibility.
- D. ***CONCUSSION PROTOCOL** – NOTIFY the ATHLETIC TRAINER IMMEDIATELY if one is on site, when a concussion is suspected. KEEP IN TOUCH.

****All MHSAA and non-MHSAA sports will follow the current MHSAA concussion protocol.****

"Any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health care professional." The language in italics, which appears in the National Federation of High School Sports rule books, reflects a strengthening of rules regarding the safety of athletes suspected of having a concussion. This language reflects an increasing focus on safety and acknowledges that the vast majority of concussions do not involve a loss of consciousness. This protocol is intended to provide the mechanics to follow during the course of contests when an athlete sustains an apparent concussion.

1. The officials will have no role in determining concussion other than the obvious one where a player is either unconscious or apparently unconscious as is provided for under the current rule. Officials will merely point out to a coach that a player is apparently injured and advise that the player should be examined by a health care provider for an exact determination of the extent of injury.
2. If it is confirmed by the school's designated health care professional that the student did not sustain a concussion, the head coach may so advise the officials during an appropriate stoppage of play and the athlete may reenter competition pursuant to the contest rules.
3. Otherwise, if competition continues while the athlete is withheld for an apparent concussion, that athlete may not be returned to competition that day but is subject to the return to play protocol.
 - a. The clearance may not be on the same date on which the athlete was removed from play.
 - b. Only an M.D., D.O., Physician's Assistant or Nurse Practitioner may clear the individual to return to competition.
 - c. The clearance must be in writing and must be unconditional. It is not sufficient that the M.D., D.O., Physician's Assistant or Nurse Practitioner has approved the

but not be limited to, any medal, ribbon, badge, plaque, cup, trophy, banner, picture, or regular letter award. A student may accept, for participation in athletics, a symbolic or merchandise award, which does not have a value or cost in excess of \$ 25.00.

- B. *Awards for athletic participation in the form of cash, merchandise certificates, or any other type of negotiable documents are not allowed.
- C. * No one, such as a parent, friend, or other person, may accept an award on behalf of the athlete at any time prior to graduation from high school unless prior arrangements have been made.
- D. Students are required to attend a scheduled awards assembly or they will not receive their award. Pre-arranged excuse for absence and release are the only acceptable excuses.

FAILURE TO COMPLY - Any student violating any area of this section would be ineligible for interscholastic competition for a period of at least one semester from the date of the violation. If violation occurs after Monday of the fourth week of a semester, a student is ineligible for the balance of that semester and the succeeding semester.

***SECTION III: MAINTAINING AMATEUR STATUS**

- A. After once representing an MHSAA member school in competition in any sport, a student shall not be eligible to represent his or her high school if that student receives money or other valuable consideration from any source for participating in athletics, sports or games.
- B. The above rule applies to the following sports: baseball, basketball, bowling, competitive cheer, cross-country, football, golf, softball, track, volleyball, or wrestling.

FAILURE TO COMPLY - A student violating the above rule may not apply for reinstatement until the equivalent of one full school year has elapsed from the date of the last violation. After that date, the student may request reinstatement.

***SECTION IV: OUTSIDE OF SCHOOL COMPETITION**

- A. A student who, after practicing with or participating in an athletic contest or scrimmage as a member of a high school athletic team, participates in any athletic competition not sponsored by his or her school in the same sport during the same season shall become ineligible for the remainder of that season in that school year.

FAILURE TO COMPLY - A student violating this section will be ineligible for athletic competition and participation for a period from the remainder of the season up to one school year depending on the violation.

SECTION V: STUDENT ATTENDANCE ON DAY OF AN ACTIVITY OR ATHLETIC CONTEST

- A. Students must attend at least three full class periods during a school day in order to participate in an activity the same day; students may NOT practice, participate, or play a game on a day on which he/she is not present for the last three hours of classes unless the student makes prior arrangements with the high school office or Athletic Director.

Examples of acceptable excuses are: (1) doctor or dentist appointment, (2) funeral, or (3) important personal business.

- B. An unexcused absence from any class may result in the student being ineligible to participate in any activity on the same day or evening.

FAILURE TO COMPLY - A student who violates Section V will not be allowed to participate in the next regularly scheduled athletics contest, activity, or practice.

***SECTION VI: HAIRSTYLES FOR ATHLETICS**

No student will be excluded from participation or athletic competition on any athletic team due to length of hair or how it is worn, with the following exceptions:

will be restricted from participating in any other extracurricular activity until cleared by the coach, Athletic Director, Principal, or advisor. Awards will be withheld until equipment is turned in or paid for.

SECTION XI: CLASS I VIOLATIONS: ALCOHOL AND/OR DRUG SUBSTANCES

- A. The possession or use of alcoholic beverages, drugs, or having drug paraphernalia in one's possession shall fall under the following regulations which pertain to all students involved on an athletic team. (Note: Student-athletes are expected to avoid association at activities where the illegal use of alcohol or drugs is present. The student-athlete must make a conscious effort to leave the area or situation when he/she realizes that a controlled substance is being used or is in his/her presence.) A student's presence at such area or situation **will** result in the same disciplinary action as a student who is in possession of or using alcohol or drugs.
- Athletes will be disciplined whenever referral is made to the athletic director based on (1) being caught in the act by school personnel or authorities; (2) police report or court action brought to the attention of school personnel; (3) self-admittance resulting from investigation of an incident or (4) conclusion reached after an impartial and fair investigation implicating a student-athlete
 - Additional team rules will need to be approved by administration and communicated with student athletes and parents prior to the start of the season.
- B. A student's use or sale of a performance-enhancing substance is a violation that will affect the student's athletic eligibility and extracurricular participation.

The Department of Community Health periodically distributes to the District the list of banned drugs based on bylaw 31.2.3.1 of the National Collegiate Athletic Association. Use of any drugs or substances appearing on this list will affect the student's athletic and extracurricular participation.

The school has a "Drug Free" zone that extends 1000 feet beyond the school boundaries as well as to any school activity and transportation. This means that any activity, possession, sale, distribution, or use of drugs, alcohol, fake drugs, steroids, inhalants, or look-alike drugs is prohibited. Attempted sale or distribution is also prohibited. If caught, the student could be suspended or expelled and law enforcement officials may be contacted. Sale also includes the possession or sale of over-the counter medication to another student.

- C. The enforcement of this section will take place for the calendar year beginning August 1 and running to July 31. Students desiring to excel in athletics and/or academics fully realize that they must abstain from the use of these substances year round if they desire to reach their fullest potential.

Athletes will be disciplined whenever a referral is made to the coach and/or school administration based on the following: (1) being caught in the act by school personnel, or authorities; (2) police report or court action brought to the attention of school personnel; (3) self-admittance resulting from investigation of an incident. Violation of the rule involving the possession, association with, or use of alcoholic beverages or drugs will result in the following:

FAILURE TO COMPLY:

First Offense: Suspension for 3/10 of the season's games. When games are not divisible by 10, the amount of suspended games will be the next highest number. After the first offense, the Athletic Director or Principal will meet with the athlete, parents, and coach to discuss the consequences. The participant must complete a substance abuse screening and the in-house

What is hazing?

Hazing is any intentional, knowing or reckless act, occurring on or off school property, by one person alone or with others, that is directed at a student and that endangers the mental or physical health of that student. Examples might include, but are not limited to the following:

- Any type of physical brutality.
- Any type of physical activity that subjects a student to unreasonable risk of harm.
- Any type of activity involving the consumption of alcoholic beverages or drugs.
- Any activity that intimidates or subjects a student to extreme mental stress, shame or humiliation.
- Any activity that induces a student to break the athletic code of conduct, school rules, or the law.

What are some myths about hazing?

1. Unity Builder- Hazing does not build unity. It separates the team into the "hazers" and the "hazees".
2. Motivator- Hazing does not motivate team members. It hinders achievement, damages self-esteem, causes emotional strain, and physical harm.
3. Harmless Fun- Hazing damages people and teams. Hazing doesn't just hurt the people who were targets; it hurts everyone!

How do you know if it's hazing?

- Is this activity an educational experience?
- Does it conform to the values and ideals of high school sports?
- Would you be willing to allow your parents to witness this activity?
- Would you be able to defend this activity in a court of law before a judge and jury?

Who is responsible for reporting hazing?

You are. If you witnessed a hazing incident or were hazed, you are responsible to report it. Talk to your coach, your parents, your athletic director, your counselor, or some other responsible adult. When you report a hazing incident, you are protected from retaliation. Reporting it is the first step to stopping it.

The student who participates in co-curricular or extracurricular activities represents himself, his family, the team, the school, and the community. For this reason, the student who participates in interscholastic or school activities or plans to do so during a school year must conduct himself/herself on and off the playing field or school grounds in a manner, which reflects the highest values and standards of good citizenship.

CLASS II VIOLATIONS

Class II violations relate to conduct unbecoming of a student, which occur in school, at school events, away from school, or during the off-season.

Class II violations may include, but are not limited to:

1. **Possession or use of tobacco / nicotine** – the act of violating the smoking regulations for students, including the use and / or the possession of tobacco in any form, including E-cigarette and / or "vaporizers".
2. **Skipping / Truancy** – the act of unexcused absence from school for any period of time. Chronic tardiness, as specifically defined by building level, can be considered truancy.
3. **Fighting** – the act of quarreling involving bodily contact in or on school property, including bus stops, and any activity under school sponsorship.
4. **Insubordination** – the failure to respond to or carry out a reasonable request by a staff member or the act of verbal or physical opposition to a member of the school staff
5. **Threatening and /or harassing students**

Grievance Procedure For Non-Discrimination (Board Policy #2260B)

Grievance Procedures for Nondiscrimination

Section 1

Any person who believes that s/he has been discriminated against or denied equal opportunity to access to programs or services may file a complaint, which shall be referred to as a grievance with the District's Civil Rights Coordinator.

Superintendent
New Lothrop Area Public Schools 9285
Easton Road, P.O. Box 339
New Lothrop, MI 48460

The individual may also, at any time, contact the U.S. Department of Education, Office of Civil Rights, 600 Superior Avenue, Room 750, Cleveland, Ohio 44114-2611.

Section II

The person who believes s/he has a valid basis for grievance shall discuss the grievance informally and on a verbal basis with the District's Civil Rights Coordinator, who shall in turn investigate the complaint and reply with an answer to the complainant. S/He may initiate formal procedures according to the following steps:

Step 1

A written statement of the grievance signed by the complainant shall be submitted to the District's Civil Rights Coordinator within five (5) business days of receipt of answers to the informal complaint. The Coordinator shall further investigate the matters of grievance and reply in writing to the complainant within five (5) business days.

Step 2

If the complainant wishes to appeal the decision of the District's Civil Rights Coordinator, s/he may submit a signed statement of appeal to the Board of Education within five (5) business days of his/her receipt of the Superintendent, response. In an attempt to resolve the grievance, the Board of Education shall meet with the concerned parties and their representative within twenty (20) business days of receipt of such an appeal. A copy of the Board's disposition of the appeal shall be sent to each concerned party within ten (10) business days of this meeting.

Step 3

If at this point the grievance has not been satisfactorily settled, further appeal may be made to the U.S. Department of Education, Office of Civil Rights, 600 Superior Avenue, Room 750, Cleveland, OH 44114-2611.

If the District's Civil Rights Coordinator is involved in the accusation, the complainant may contact the President of the Board of Education regarding the complaint.

Inquiries concerning the nondiscriminatory policy may be directed to Director, Office for Civil Rights, Department of Education, Washington, D.C. 20201.

The District's Coordinator will provide a copy of the District's grievance procedure to any person who files a complaint and will investigate all complaints in accordance with this procedure.

A copy of each of the Acts and the regulations, on which this notice is based, may be found in the Civil Rights Coordinator's office.

NEW LOTHROP AREA PUBLIC SCHOOLS

As PARENT/GUARDIAN I have read the New Lothrop Area Public Schools' PLAYER'S CODE OF CONDUCT and PARENT /COACH HANDOUT along with SUPPLEMENTARY RULES and REGULATIONS governing participation in co-curricular or extracurricular activities. The Rules and Regulations are understood and will be abided by. I also realize there is a possibility that my child may suffer severe injury, including permanent paralysis or death, as a result of participating in interscholastic or school-related activities.

SIGNATURE of PARENT/GUARDIAN

DATE

As a New Lothrop Student I have also read these Rules and Regulations and I understand and will abide by them. This Code of Conduct will be active for 7th through 12th grade school years.

STUDENT NAME (Please Print)

GRADE

SIGNATURE of STUDENT

DATE