

Elementary Breakfast Menu

Mon	Tue	Wed	Thu	Fri
French Toast Sausage Link Fruit Choice & Milk	Egg & Cheese Omelet, Toast Fruit Choice & Milk	Waffles Sausage Link Fruit Choice & Milk	Pancake Sausage Link Fruit Choice & Milk	Egg, Sausage & Cheese Tornado Fruit Choice & Milk

High School Breakfast Menu

Mon	Tue	Wed	Thu	Fri
Meat, Egg & Cheese on an English Muffin Fruit Choice & Milk	Egg, Sausage & Cheese Tornado Fruit Choice & Milk	Biscuit and gravy Fruit Choice & Milk	French Toast Brk Bites Sausage Link Fruit Choice & Milk	Meat, Egg & Cheese on a Bagel Fruit Choice & Milk

Daily Breakfast offerings

*Grab & Go Meals:
Cereal bar, yogurt & fruit.
*Cereal w/ bread
Milk Choice
1% white milk
Fat free chocolate milk

Breakfast Serving Times

Elementary: 7:15am – 8:00am
Middle & High: 7:45 -8:05am

Latchkey Snack

We have snack time each afternoon. If your child would like to participate in snack time, you can send a snack from home or elect to purchase a snack through the Cafeteria.

Beverage (1)

100% juice
1% White Milk
Fat Free Choc. Milk

Protein (1)

Cheese Stick
Yogurt

Grain (1)

Muffin
Popcorn
Bug Bites
Pop tarts
Assorted Crackers

Fruit (1)

Apple
Oranges

*Snacks include 2 items from any of the food group components listed above.

*All snacks served from our cafeteria meet the nutritional guidelines set by USDA.

Snack Prices

\$1.00 Reduced: \$0.15
Extras \$0.50

Elementary School

Prices

Students: Free
Adult BRK: \$3.00

Middle & High School

Prices

Students: Free
Adult BRK: \$3.00

Free & Reduced Applications

- Available in the office
- Online

*Do you want to track your child's purchases, balance and deposit money on to their food service account. Contact Valerie Baker at vbaker@newlothrop.k12.mi.us. And ask how.

This institution is an equal opportunity provider